RATIONALE FOR ADVENTURE
This adventure will help Tigers learn about their families and their heritage.

TAKEAWAYS FOR CUB SCOUTS
• Appreciating diversity and each Scout’s unique family heritage
• Developing confidence, and encouraging bravery and patience
• Being observant
• A Scout is courteous.

ADVENTURE REQUIREMENTS
1. Discuss with your adult partner and/or family where your family originated. Discuss their history, traditions, and culture—your family heritage. Share a story or bring something to share with your den about yourself and your family.
2. Make a family crest.
3. Visit your public library to find out information about your heritage.
4. Interview one of your grandparents or another family elder, and share with your den what you found.
5. Make a family tree.
6. Share with your den how you got your name or what your name means.
7. Share with your den your favorite snack or dessert that reflects your cultural heritage.
8. Learn where your family came from, and locate it on a map. Share this information with your den. With the help of your adult partner, locate and write to a pen pal from that location.

NOTES TO DEN LEADER
Remember to be sensitive to the ways that all families are different. Leaders should encourage Scouts to find ways they can celebrate their families in positive ways that fit their unique situations.

Prior to the first meeting, have each Tiger and his adult partner make a family crest and a family tree at home to bring to the meeting and share. Also ask the Tiger to find out how he got his name and/or his name’s meaning and to share what he learns at the first den meeting. (See the Do-at-Home Project under Meeting 1 Resources.)

Meeting 2 is a den outing to a local library to research family history. In advance of the outing, the leader will need to make arrangements with the library or outing location and confirm the outing plan with families, including transportation and any additional items they need to bring. Let the library know how many adults and youth will be coming and what it is you are hoping to get out of the visit. Ask the librarian if they will be able to show the boys how and where to get information. Make sure a tour and activity plan has been submitted, if required, and activity consent forms are distributed, signed, and collected.

Meeting 3 will be an International Food Picnic for families. Encourage families to begin planning ahead for the foods and other items or games they will contribute. Be sure that all other needs for the meeting location are in place in advance. Consider checking with your pack to see if more dens would like to participate in the picnic. Work with your Cubmaster and other leaders and parents to organize this event.

For requirement 8 (correspondence with a pen pal), please ask adult partners to assist their Tigers. The pen pal may be a family member who lives in the location of the family’s origin. Another option might be to find a Scouting group in that location and correspond with them. Many national Scouting organizations from around the world help to connect Scouting pen pals with one another.

See the Appendix for optional den meeting activities, including openings, gatherings, and closings.
MEETING 1 PLAN

PREPARATION AND MATERIALS NEEDED

- U.S. and den flags
- Copy of Scout Oath and Scout Law
- Assorted board games, checkers, playing cards for Gathering activities
- Map of the world to show where families originated
- Pictures of families, foods, and clothing that display different cultures
- Cards with the word “hello” written in four or five different languages
- Copy of “A Positive Attitude About Culture” found in the Meeting 1 Resources, to be given out at the beginning of the meeting
- Camera and printer to take pictures of the boys and print them; or paper and crayons to be used for self-portraits of each Tiger
- Large piece of paper to make a den family tree
- Read the Family Stories adventure in the Tiger Handbook.

GATHERING

- Take a picture of each of the boys so that you can print it to be put on the den family tree.
- Put out playing cards or a few board games, such as checkers, mancala, Chinese checkers, or any other simple board game. Invite Tigers and adult partners to participate in one of the games. The activity is for Tigers and adult partners to be involved together.

OPENING

- Conduct a flag ceremony of your choosing that includes the Pledge of Allegiance and, as appropriate, the Scout Oath and Scout Law.
- Optional Opening:
  - Ask the Tigers to stand with their adult partners. Have each group or family take part in the opening by leading one part of it. Here are suggested parts:
    - Call for Scout salute and lead the Pledge of Allegiance.
    - Lead the Scout Oath.
    - Lead the Scout Law.
    - Lead the group in a prayer.
    - Sing a patriotic song.
    - Lead the den cheer.

TALK TIME

- Carry out business items for the den.
- Thank each family for participating in the opening of the den meeting.
- Introduce the Family Stories adventure by talking briefly about what makes up a family.
- Allow Tigers to share how they got their names or their meanings (requirement 6).

ACTIVITIES

- Activity 1: Family Heritage (Requirements 1 and 6)
  1. Teach the Tigers how to say “hello” in different languages. This will be a good start to the family heritage concept of this elective.
<table>
<thead>
<tr>
<th>Language</th>
<th>Hello</th>
</tr>
</thead>
<tbody>
<tr>
<td>Danish</td>
<td>Hej</td>
</tr>
<tr>
<td>French</td>
<td>Bonjour</td>
</tr>
<tr>
<td>German</td>
<td>Guten Tag</td>
</tr>
<tr>
<td>Hawaiian</td>
<td>Aloha</td>
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<tr>
<td>Italian</td>
<td>Buongiorno</td>
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<tr>
<td>Portuguese</td>
<td>Olá</td>
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<tr>
<td>Norwegian</td>
<td>Hei</td>
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<tr>
<td>Spanish</td>
<td>Hola</td>
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<tr>
<td>Vietnamese</td>
<td>Chào</td>
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<tr>
<td>Arabic</td>
<td>Ahlan</td>
</tr>
<tr>
<td>Hindi</td>
<td>Namaste</td>
</tr>
<tr>
<td>Chinese</td>
<td>Ni hao</td>
</tr>
</tbody>
</table>

2. Give each Tiger and his partner an opportunity to tell about their family. Have a map of the world and ask each Tiger if he knows where his family originated. Mark it or put their photo on the map.

3. Allow for discussion about the meaning of heritage. If possible, have something from your family to use as an example of your family’s customs or traditions.

✦ **Activity 2: Different but Alike (Requirements 1 and 2)**

1. Tell how we are different but alike. Share a story or information from a children’s book, magazine, or Internet source that helps illustrate or reinforce your discussion about different cultures and their similarities. Explain that while we are different, we need to respect those differences in each other.

2. Share the family crests that the Tigers created. Look for the similarities and differences in each crest.

✦ **Activity 3: Den Family Tree (Requirement 5)**

1. Create a den family tree using the pictures taken at the beginning of the meeting. If a camera and printer are not available, have each Tiger draw a self-portrait to put on the den family tree.

2. Consider displaying the den family tree at the pack meeting.

3. Have the Tigers also share their own family trees that they made with their partners.

**CLOSING**

- Spend a few moments reflecting on the information shared with the boys. Ask each Tiger to mention one new thing that he learned from this meeting.

- Go over the details for the outing to the library and plans for the picnic.

- Have Tigers come up with questions to ask at the library.
Do-at-Home Project Reminder:
Remind Tigers that they will need to contact a pen pal from the country of their family’s origin. This can occur at any time during the adventure, but Tigers should allow time for delays in correspondence (requirement 8).

Tigers will also need to interview a grandparent or another family elder to complete requirement 4.

AFTER THE MEETING
• Serve refreshments, if desired.
• Record completion of requirements 1, 2, 5, and 6.
• Work together to clean up the meeting place.
• Have Tigers prepare a thank-you card for their outing if someone will be showing them around the library.
• Begin the conversation about hosting an International Food Picnic. (See Meeting 2 Plan.)

MEETING 1 RESOURCES

A POSITIVE ATTITUDE ABOUT CULTURE

Positive, flexible attitudes toward other people are rooted in strong, positive images of ourselves. Self-assured children are not threatened by differences. They remain open to the new experiences that differences make possible. Self-confident children learn to be skeptical of negative cultural myths about other people. They make up their own minds about people as individuals rather than as members of a stereotyped category.

Encourage and help your child to find out about his family history. You will have the opportunity to be part of his adventure as he explores his roots and his heritage. You can help him find family pictures, record family stories told by relatives, review county archives or newspaper files, and visit libraries or cemeteries where family history information might be found. Help him organize his family story. Guide him when he has questions about the customs or traditions of other cultures he encounters in his den or classroom. Help him prepare his family story for exhibit at the pack heritages celebration.

Enjoy the time you spend together. Seeing your family heritage through your child’s eyes can be among the most satisfying things you’ll do.
Before the first meeting of the Family Stories adventure, Tigers will work with their adult partners to learn more about their families. Look in the *Tiger Handbook* to help you get started. You may use the crest template shown here and the tree template in the handbook, or you may use separate pages and create your own.

**Family Crest**
PREPARATION AND MATERIALS NEEDED

- Contact the library ahead of time to make arrangements. Let them know how many adults and youth will be coming and what it is you are hoping to get out of the visit. Ask if there will be any hands-on opportunities for the boys. Can the Tigers get a library card if they don’t have one? Ask the librarian if they will be able to show the boys how and where to get information.
- Unit den leader should have in possession (if required by local council practices) the tour and activity plan, signed activity consent forms, and a copy of the Guide to Safe Scouting.
- Make copies of the International Food Picnic form in Meeting 2 Resources.

GATHERING

The outing to the library will be a good opportunity to teach the boys where and how they can get information. Explain to the boys what is expected of them. They need to be quiet and on their best behavior. Remind them of the list of questions they want to ask. Use the buddy system.

OPENING

- Say the Pledge of Allegiance and, as appropriate, the Scout Oath and Scout Law. If the den does not have a United States flag on the outing, ask one Scout to display the flag on his uniform for the group.

TALK TIME

- Carry out business items for the den.

ACTIVITIES

◆ Activity 1: Library Visit (Requirement 3)
  1. Visit a library to find out about each Tiger’s family heritage and how he can locate more information. Learn about customs, foods, games, languages, etc.
  2. With the assistance of the librarian, the adult partners will help guide the boys to books at their age level.
  3. Have the Tigers and their adult partners fill out the International Food Picnic form as they research their heritage.
  4. If there is time, have the Tigers and their adult partners share what they will bring to the picnic.

◆ Activity 2: Thank You

Thank those who were in charge of the visit. Plan a cheer ahead of time to give to them (be sure you have prior approval since you will be in a library). Give them the thank-you card that was prepared at Meeting 1. If time allows and there is an area to do so, gather the boys to talk about what they learned and how they feel about the visit.

CLOSING

- Complete preparations for the international picnic (Meeting 3). Ask families to share what they will bring.
- Remind Tigers that they need to interview a family elder before the next meeting.

Do-at-Home Project Reminder:

In preparation for the International Food Picnic in Meeting 3, Tigers will need to prepare a food that represents their family’s heritage. See the flier in Meeting 2 Resources.

AFTER THE MEETING

- Record completion of requirement 3.
- Provide refreshments if allowed.
Meeting 2: International Food Picnic

NOTE TO ADULT PARTNERS

It will be fun for Tigers to share food and games from different cultures with fellow Tigers and their adult partners. Help the boys select food that is different but nutritious, making healthy choices. The games they play can be games they were able to look up through the Internet (with a parent’s or guardian’s help) or games they learned about while interviewing their grandparents. This is a great opportunity to bring everyone together to share and embrace differences.

Date: ____________________________________________________________________

Time: ____________________________________________________________________

Food I will bring:

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

This food comes from:

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

Family members who will come:

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

Other items needed:

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________
MEETING PLAN (International Food Picnic)

PREPARATION AND MATERIALS NEEDED

- Have a sign-up sheet to list ahead of time which foods will be brought and which games will be played. Try to get a good balance of active and quiet games.
- Provide everyone with instructions on what to bring and how many their dish may need to feed. Also, if families will be teaching a game, be sure that they have all the equipment needed to play the game.
- Let Tigers and partners know that their entire family is invited.

GATHERING

Balloon Bounce

Give an inflated balloon to the first pair of Tigers to arrive. (Check for latex allergies in advance.) The object of the game is for the Tigers to keep the balloon in the air as long as possible by hitting it back and forth. As additional boys arrive, direct them to join the game. The game is over when the balloon touches the floor or bursts. Tigers are not permitted to catch or hold the balloon.

OPENING

- Conduct a flag ceremony of your choosing that includes the Pledge of Allegiance and, as appropriate, the Scout Oath and Scout Law.

TALK TIME

- Carry out business items for the den.
- Before starting the picnic and games, ask Tigers to volunteer reasons they think the Pledge of Allegiance was important for immigrants who came to America.

ACTIVITIES

◆ Activity 1: International Food Picnic (Requirement 7)

This activity will be a time for fun and fellowship. Each of the Tigers and their adult partners will prepare a dish at home and bring it to share at the picnic. Each team can also bring a game and the equipment needed for that game.

CLOSING

- Share about the importance of family and how important it is to work together.
- Allow Tigers to talk about the elder they were able to interview for requirement 4.
- Develop your reflection questions from the activity and the games the boys played.

AFTER THE MEETING

- Record completion of requirements 4, 7, and 8. Confirm that all Tigers have completed pen pal correspondence for requirement 8.
- Work together to clean up the meeting place.

Upon completion of the Family Stories adventure, your Tigers will have earned the adventure loop shown here. Make sure they are recognized for their completion by presenting the adventure loops, to be worn on their belts, as soon as possible according to your pack’s tradition.