




# TIGER: SAFE AND SMART



## RATIONALE FOR ADVENTURE

In this adventure, Tigers will learn that a safe child is one who is aware of his or her surroundings and knows how to respond to danger.

## TAKEAWAYS FOR CUB SCOUTS

- Practice in problem solving
- Learning how to respond to danger
- Developing confidence
- A Scout is courteous, brave. 

*Tiger Handbook, page 226*

## ADVENTURE REQUIREMENTS

1. Do the following:
  - a. Memorize your address, and say it to your den leader or adult partner.
  - b. Memorize an emergency contact's phone number, and say it to your den leader or adult partner.
  - c. Take the 911 safety quiz.
2. Do the following:
  - a. Show you can "Stop, Drop, and Roll."
  - b. Show you know how to safely roll someone else in a blanket to put out a fire.
3. Make a fire escape map with your adult partner.
4. Explain your fire escape map, and try a practice fire drill at home.
5. Find the smoke detectors in your home. With the help of your adult partner, check the batteries.
6. Visit an emergency responder station, or have an emergency responder visit you.

### NOTES TO DEN LEADER

It is important to teach stranger awareness without creating an atmosphere of fear in your den. For further guidance in teaching safety to Tigers, visit the BSA's Youth Protection website: [www.scouting.org/bsayouthprotection.aspx](http://www.scouting.org/bsayouthprotection.aspx).

Before Meeting 2, ask the adult partners to consider creating a "safe word" with their Tigers. The safe word is one that only family members know, and it would come into play if a stranger approaches the child. Should a stranger suggest a parent had sent him or her to bring the child home, the child would ask the stranger for the safe word to know it was OK.

It is very important to teach safety as an empowerment tool and not to instill fear. An aware child can make and carry out a plan in an emergency. A frightened child may "shut down" and panic in an emergency.

Meeting 3 will be a den outing to a first-responder station. Possible locations include hospitals (if they have emergency flight vehicles), ambulance headquarters, police stations, and fire stations. Be sure to plan at least a month in advance. Provide Tigers and adult partners with the plans for the outing, and confirm that transportation has been arranged. Make sure a tour and activity plan has been submitted, if required, and activity consent forms are distributed, signed, and collected.

See the Appendix for optional den meeting activities, including openings, gatherings, and closings.

# MEETING 1 PLAN

## PREPARATION AND MATERIALS NEEDED

- U.S. and den flags
- Thank-you note or materials to make one
- Materials for activities: 911 quiz, cellphone number, house phone number
- Read the Tiger: Safe and Smart adventure in the *Tiger Handbook*.

## GATHERING

### Red Light Green Light

**Outside:** Have Tigers line up on one side of the yard. Assign one person to be the “stop light.” When he or she calls out, “Green light!” everyone can run forward. When he or she calls out, “Red light!” everyone stops.

**Inside:** Instead of running, have Tigers wiggle in place during “green light” and freeze during “red light.”

## OPENING

- Conduct a flag ceremony of your choosing that includes the Pledge of Allegiance and, as appropriate, the Scout Oath and Scout Law.

## TALK TIME

- Carry out business items for the den.
- Introduce the Tiger: Safe and Smart adventure to the den. Build interest by describing the goals of the adventure and some of the activities that are planned.
- Give each Tiger time to share information about his week. You might use a talking stick or other item to help moderate the time and encourage respect.
- Ask the Tigers to share what they know about 911.

## ACTIVITIES

### ◆ Activity 1: How to Call 911

- Show the Tigers both a cellphone and a home phone. Explain that if they are at home when an emergency occurs and there is a home phone, that’s the phone they should use because the address will pop up on the screen at the 911 call center.
- It is important to remember that they should not hang up the phone until responders arrive, and they should speak in a clear voice.
- Remind them that it can actually be a crime to call 911 as a joke.
- Explain the difference between an emergency that requires calling 911 and a problem that can be handled with an adult at home or school.
- Role-play situations where Tigers can call out, “Call 911” or “Not an emergency.” For example:
  - You cannot find your favorite game.
  - You smell smoke or gas in your house.
  - You need help to complete your science homework.
  - Someone in your family has fallen and cannot get up.

## ◆ **Activity 2: Learning Your Address and Phone Number (Requirements 1a and 1b)**

- Explain the importance of knowing your address and the phone numbers of people close to you.
- Have the Tigers work with their adult partners for a few minutes to see how much of the information they know and what they need to work on.

## ◆ **Activity 3: 911 Safety Quiz (Requirement 1c)**

- Create a quiz that includes yes/no questions similar to those found in the Tigers' handbooks.
- One option for delivering the quiz is as follows:
  - Create, type, and print the questions you select. Cut the questions into strips of paper.
  - Place the questions in an empty adhesive bandage box or other container representing a safety item.
  - Pull out the questions one at a time. Ask boys to share their answers, and then, as a group, confirm the best responses.
- Use the questions below or create additional questions appropriate to the needs of your den.
- Five to 10 questions would be ideal. Choose questions that are relevant to the boys in your den. For example:
  - When is it OK to call 911? (a person is unconscious, your buddy has broken a bone, a fire, etc.)
  - When should you NOT call 911? (lost toy, missing pet, angry with sibling, broken window, out of ice cream, scraped knee, etc.)
  - Should you whisper on the phone?
  - Should you use a clear, loud voice on the phone?
  - How long should you stay on the phone with 911?
  - Do you know your address?
  - Can you repeat your home phone number?
- After the quiz, discuss any questions the Tigers might have.

## **CLOSING**

- Reflection: 911 is a very serious safety tool. As Cub Scouts, the Tigers can be obedient and trustworthy by using 911 properly.
- Practice reciting the Scout Law.

## **AFTER THE MEETING**

- Serve refreshments, if desired.
- Record completion of requirements 1a, 1b, and 1c.
- Make sure everything is cleaned up.



## **Do-at-Home Project Reminder:**

Before the next meeting, Tigers with their adult partners should plan to do the following and be prepared to share it with the den:

- 1. Walk through your home together and identify where the smoke detectors are. Check the batteries and change them if necessary.**
- 2. While walking through your home, look at the available exits.**
- 3. Adult partners should help their Tigers decide where a safe meeting place will be in the event of a fire in the home.**
- 4. Draw a map and practice the drill with your family. Practice crawling (because of the smoke) and touching door handles.**
- 5. Adult partners should discuss the following with their Tigers so they can share with the den at the next meeting:**
  - Where are our smoke detectors?**
  - What kind of noise do they make?**
  - Why do door handles get hot?**
  - Where is our safe meeting place outside?**
  - What do we take? (ourselves)**
  - What do we leave? (everything else)**

# MEETING 2 PLAN

## PREPARATION AND MATERIALS NEEDED

- U.S. and den flags
- Materials for activity (list of scenarios for “Walk Away, Safe Today”)
- Blanket or towel for the Stop, Drop, and Roll activity. (The U.S. Fire Administration website provides excellent information about fire safety for children at [www.usfa.fema.gov/kids/](http://www.usfa.fema.gov/kids/).)

## GATHERING

Have Tigers practice the “stop, drop, and roll” technique or provide coloring sheets demonstrating the steps.

## OPENING

- Conduct a flag ceremony of your choosing that includes the Pledge of Allegiance and, as appropriate, the Scout Oath and Scout Law.
- Clap and stamp feet: Have the group stand and clap hands three times, then stamp feet three times, and then give a Tiger growl. Then repeat, faster and faster.

## TALK TIME

- Carry out business items for the den.
- Explain to Tigers that they should be concerned if a stranger approaches them for help. Adults should ask other adults for help, not kids. With all adults participating in this talk, explain that the activities in this meeting plan will help them learn about how to set boundaries for how Tigers are to stay safe.

## ACTIVITIES

### ◆ Activity 1: Safe Distances

- Have adult partners work with their Tigers to demonstrate and practice safe distances to stand from a stranger.
- With your arms at your sides, have your Tiger guess how long your arms are by standing where he thinks he is barely out of arm’s reach.
- Then reach your arms out, and show him if he guessed correctly or not. Because of the difference in size between Tigers and adults, many of the boys may not realize how long an adult’s arms can be.

### NOTE TO DEN LEADER

It is important to demonstrate the distances by reaching, not grabbing; we want to empower Tigers rather than foster fear. Emphasize that there are many people out there who want to keep them safe, and help them to identify those people.

## ◆ Activity 2: Walk Away, Safe Today

Have each Tiger play the Walk Away, Safe Today game with his adult partner. Role-play scenarios where the Tiger practices when to walk away. Give scenarios where they choose whether to walk firmly away or stay and help. For example: A parent asks you to make your bed (help); someone tells you that he or she has lost a puppy (walk away). There are many scenarios that can be used for the Walk Away, Safe Today activity—from strangers offering Tigers a ride to strangers asking for help with a hurt person.

### NOTE TO DEN LEADER

Most children are naturally helpful, so this can be a difficult concept for them. Make sure Tigers understand when it is OK to walk away and not feel that they're being rude. Also offer suggestions on ways to let others know they're in danger, such as screaming loudly or calling for help.

## ◆ Activity 3: Fire Safety (Requirements 2, 3, 4, and 5)

Review the questions from the Do-at-Home Project and ask each Tiger to share what he learned:

- Where are our smoke detectors?
- What kind of noise do they make?
- Why do door handles get hot?
- Where is our safe meeting place outside?
- What do we take? (ourselves)
- What do we leave? (everything else)

Boys who arrived during the Gathering were practicing their “stop, drop, and roll” technique. Explain to Tigers why they need to learn this skill (in the event they are on fire). Have each Tiger demonstrate the technique to ensure they know how to do it properly.

Have each Tiger practice with a buddy the proper way to extinguish a fire on a person. Ask adult partners to help, and use a blanket or towel to demonstrate.

## CLOSING

- Reflection: A Scout is still courteous if he walks away to stay safe.
- Recite the Scout Law.
- Review details for the Den Meeting 3 outing. Make sure all Tigers and their families know the plans.

## AFTER THE MEETING

- Serve refreshments, if desired.
- Record completion of requirements 2, 3, 4, and 5, completed during the meeting and at home.
- Work together to clean up the meeting place.
- Prepare thank-you notes for the Tigers to sign at the next meeting.

# MEETING 3 PLAN (Den Outing)

## PREPARATION AND MATERIALS NEEDED

- Decide where you are going on your trip. Be sure to plan at least a month in advance. Keep an eye on your community calendar for fire station open houses.
- Unit den leader should have in possession (if required by local council practices) the tour and activity plan, signed activity consent forms, and a copy of the *Guide to Safe Scouting*.

## GATHERING

- Explain to your Tigers what to expect while they are there.
- Practice introductions.
- Review the buddy system.
- Answer any questions that arise.
- Help them plan any questions they may want to ask the emergency responders. Consider writing the questions down.

## OPENING

- Say the Pledge of Allegiance and, as appropriate, the Scout Oath and Scout Law. If the den does not have a United States flag on the outing, ask one Scout to display the flag on his uniform for the group.

## TALK TIME

- Carry out business items for the den.
- Ask Tigers to share one way their behavior will reflect the Scout Law.

## ACTIVITIES

### ◆ Activity 1: First Responder Visit (Requirement 6)

- Visit with the first responders as planned, and encourage Tigers to ask questions at appropriate times during the presentation.

## CLOSING

- The Cub Scout motto is “Do Your Best.” For Boy Scouts, the motto is “Be Prepared.” Everything we have learned on this visit reminds us to do our best to be prepared to keep safe.
- Have Tigers thank the first responders who assisted with the tour.
- Reflect on anything the Tigers found surprising or particularly interesting during the outing. Ask them to share one item that was new to them.

## AFTER THE MEETING

- Serve refreshments, if desired.
- Send thank-you notes to those who helped with the outing.
- Record completion of requirement 6.
- Compliment the boys on their behavior.
- Announce any information for the next meeting.
- Work together to clean up the meeting place.

Upon completion of the Tiger: Safe and Smart adventure, your Tigers will have earned the adventure loop shown here. Make sure they are recognized for their completion by presenting the adventure loops, to be worn on their belts, as soon as possible according to your pack's tradition.

